

## NAMAZ OF LADY FATIMAH ZEHRA (S.A.)

It is narrated that Lady Fatimah al-Zahra', peace be upon her, used to offer a two-unit prayer taught by Archangel Gabriel. In the first unit, she used to recite Surah al-Faatehah and repeat Surah al-Qadr one hundred times. In the second unit, she used to recite Surah al-Faatehah and Surah al-Tawheed. After Taslim (i.e. the concluding part of a prayer), she would say the following litany:

سُبْحَانَ ذِي الْعِزِّ الشَّامِخِ الْمُنِيفِ سُبْحَانَ ذِي الْجَلَالِ  
الْبَادِحِ الْعَظِيمِ سُبْحَانَ ذِي الْمَلِكِ الْفَاخِرِ الْقَدِيمِ  
سُبْحَانَ مَنْ لَيْسَ الْبُهْجَةَ وَالْجَمَالَ سُبْحَانَ مَنْ تَرَدَّى  
بِالنُّورِ وَالْوَقَارِ سُبْحَانَ مَنْ يَرَى أَثَرَ التَّمَلُّ فِي الصَّفَا  
سُبْحَانَ مَنْ يَرَى وَقَعَ الطَّيْرِ فِي الْهَوَاءِ سُبْحَانَ مَنْ هُوَ  
هَكَذَا لَا هَكَذَا غَيْرُهُ-

Sayyid Ibn Tawus adds that it is better to say the famous Tasbih al-Zahra' after offering this prayer and then invoke Almighty Allah's blessings upon the Holy Prophet and his Household.

However, in Misbah al-Mutahajjid, Shaykh al-Tusi has recorded that Lady Fatimah al-Zahra's prayer consists of two units in the first of which Surah al-Faatehah is recited once and Surah al-Qadr is repeated one hundred times; and in the second unit, Surah al-Faatehah is recited once

and Surah al-Tawheed is repeated one hundred times. After the Taslim, Tasbih al-Zahra' is said and then one's knees and arms are uncovered so as to embrace the ground with all organs of prostration without putting any barrier between the ground and the organs of prostration. Such being the case, one should supplicate to Almighty Allah and pray for granting one's requests. Being prostrating oneself, one should say the following supplicatory prayer:

يَا مَنْ لَيْسَ غَيْرُهُ رَبُّ يُدْعَى يَا مَنْ لَيْسَ فَوْقَهُ إِلَهٌ يُخْشَى  
يَا مَنْ لَيْسَ دُونَهُ مَلِكٌ يُتَّقَى يَا مَنْ لَيْسَ لَهُ وَزِيرٌ يُؤْتَى يَا  
مَنْ لَيْسَ لَهُ حَاجِبٌ يُرْشَى يَا مَنْ لَيْسَ لَهُ بَوَّابٌ يُغْشَى يَا  
مَنْ لَا يَزْدَادُ عَلَى كَثْرَةِ السُّؤَالِ إِلَّا كَرَمًا وَجُودًا وَ عَلَى  
كَثْرَةِ الذُّنُوبِ إِلَّا عَفْوًا وَ صَفْحًا صَلَّى عَلَى مُحَمَّدٍ وَ آلِ  
مُحَمَّدٍ -

And then one may mention one's personal requests.

## LADY FATIMAH AL-ZAHRA'S ANOTHER PRAYER

Shaykh al-Tusi and Sayyid Ibn Tawus have reported on the authority of Safwan that Muhammad ibn Ali al-Halabi, once, visited Imam Ja'far al-Sadiq(a.s.) one Friday and asked him to teach him the best deed to be practiced on Fridays. The Imam (a.s.) said: Listen, Muhammad! I do not know anyone who was more beloved and more respected than Lady Fatimah al-Zahra', peace be upon her, in the view of the Holy Prophet, peace be upon him and his Household. Likewise, I do not know anything that was more valuable than that which he had taught her to do on Fridays. In Friday morning, one should bathe oneself, stand upright, and offer a four-unit prayer each two alone. In the first unit, recite Surah al-Faatehah once and repeat Surah al-Tawheed fifty times. In the second, recite Surah al-Faatehah once and repeat Surah al-'Adiyat (No. 100) fifty times. In the third, recite Surah al-Faatehah once and repeat Surah al-Zalzalah (No. 99) fifty times. In the fourth, recite Surah al-Faatehah once and repeat Surah al-Nasr (No. 110) fifty times. This Surah was the concluding revelation. Upon accomplishment of the prayer, pray Almighty Allah with the following supplicatory prayer:

إِلَهِي وَسَيِّدِي مَنْ تَهَيَّأْتُ أَوْ تَعَبَّيْتُ أَوْ أَعَدَّ أَوْ اسْتَعَدَّ لِي فَوَادَةٌ  
مَخْلُوقٍ رَجَاءَ رَفْدِهِ وَفَوَائِدِهِ وَنَائِلِهِ وَفَوَاضِلِهِ وَجَوَائِزِهِ  
فَالَيْكَ يَا إِلَهِي كَانَتْ تَهَيُّؤَاتِي وَتَعَبُّؤَاتِي وَإِعْدَادَاتِي وَ

اسْتَعْدَادِي رَجَاءَ فَوَائِدِكَ وَ مَعْرُوفِكَ وَ نَائِلِكَ وَ  
 جَوَائِزِكَ فَلَا تُخَيِّبْنِي مِنْ ذَلِكَ يَا مَنْ لَا تُخَيِّبُ عَلَيْهِ  
 مَسْأَلَةَ السَّائِلِ وَ لَا تَنْقُصُهُ عَطِيَّةُ نَائِلِ فَإِنِّي لَمْ أَتِكَ  
 بِعَمَلٍ صَالِحٍ قَدَّمْتُهُ وَ لَا شَفَاعَةَ مَخْلُوقٍ رَجَوْتُهُ اتَّقَرَّبُ  
 إِلَيْكَ بِشَفَاعَتِهِ إِلَّا مُحَمَّدًا وَ أَهْلَ بَيْتِهِ صَلَوَاتِكَ عَلَيْهِ وَ  
 عَلَيْهِمْ، أَتَيْتُكَ أَرْجُو عَظِيمَ عَفْوِكَ الَّذِي عُدْتُ بِهِ عَلَى  
 الْخَطَايَا عِنْدَ عُكُوفِهِمْ عَلَى الْمَحَارِمِ فَلَمْ يَنْعَاكَ  
 طَوْلُ عُكُوفِهِمْ عَلَى الْمَحَارِمِ أَنْ جُدْتَ عَلَيْهِمْ بِالْمَغْفِرَةِ وَ  
 أَنْتَ سَيِّدِي الْعَوَادُ بِالنُّعْمَاءِ وَ أَنَا الْعَوَادُ بِالْخَطَاءِ  
 أَسْأَلُكَ بِحَقِّ مُحَمَّدٍ وَ إِلِهِ الطَّاهِرِينَ أَنْ تَغْفِرَ لِي ذُنُوبِي  
 الْعَظِيمَةَ فَإِنَّهُ لَا يَغْفِرُ الْعَظِيمَةَ إِلَّا الْعَظِيمُ يَا عَظِيمُ يَا  
 عَظِيمُ يَا عَظِيمُ -

In his book of Jamal al-Ushbu', Sayyid Ibn Tawus has recorded a special prayer and supplication for each of the holy Imams. Hereinafter, let us mention these prayers and supplication: